



Association for
Cognitive and Behavioral
Psychotherapy

CERTIFICATE

of attendance for the seminar:

COGNITIVE BEHAVIORAL THERAPY FOR DEPRESSIVE DISORDERS


This certificate confirms that

Kopylov, Kirill Andreyevich

participated in 20 academic hours of training in a seminar on April 26-27, 2025
as part of a long-term cognitive and behavioral psychotherapy education program

Seminar instructor:
Clinical Psychologist,
Director of the Volga Branch
of the Association for Cognitive and Behavioral
Psychotherapy

[Round seal: Association for Cognitive
and Behavioral Psychotherapy, St.
Petersburg // Tax ID 7841291495,
Primary Registration No. 1137800006101,
Registration No. 7814060234 // Tax ID
7841291495, Registration Reason Code
784101001]

President of the Association for Cognitive and Behavioral
Psychotherapy, Candidate of Medical Sciences, member
of the  International Advisory Committee

Zryutin, M. A. /Signature/

Kovpak, D. V. /Signature/



Ассоциация
когнитивно-поведенческой
психотерапии

СЕРТИФИКАТ

участия в семинаре

«КОГНИТИВНО-ПОВЕДЕНЧЕСКАЯ ТЕРАПИЯ ДЕПРЕССИВНЫХ РАССТРОЙСТВ»

Настоящий сертификат подтверждает, что

Ведущий семинара:
Клинический психолог,
руководитель Поволжского отделения
Ассоциации когнитивно-поведенческой психотерапии

Зрютин М. А. _____



Президент Ассоциации
когнитивно-поведенческой психотерапии
Кандидат медицинских наук, член Международного
Консультативного Комитета Института Бека

Ковпак Д. В. _____

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CERTIFIED TRANSLATOR

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CERTIFICATE OF TRANSLATION

I, Elizabeth Adams, hereby attest that I am a translator certified by the American Translators Association for Russian into English and that I am qualified to translate documents from Russian into English. I certify that I translated the following certificates from Russian into English, all issued by the Association for Cognitive and Behavioral Psychotherapy in St. Petersburg, Russia:

- Certificate of Attendance for training: Fundamentals of Cognitive and Behavioral Therapy: Theory and Practice
- Certificate of Attendance for training: The Cognitive Therapy of Aaron Beck. Core competencies
- Certificate of Attendance for training: Fundamentals of behavioral therapy
- Certificate of Attendance for training: Restructuring in CBT
- Certificate of Attendance for training: CBT techniques and skills, basic course
- Certificate of Attendance for training: Group supervision, basic course
- Certificate of Attendance for training: Cognitive-behavioral therapy for addictive behavior
- Certificate of Attendance for training: Intersession: basic course
- Certificate of Attendance for training: Cognitive conceptualization
- Certificate of Attendance for training: Cognitive behavioral therapy for depressive disorders
- Certificate of Attendance for training: Cognitive behavioral therapy for anxiety disorders
- Certificate of Attendance for training: Supervision
- Certificate of Attendance for training: Introduction to therapy. Therapeutic alliance

To the best of my knowledge and ability, these are true and accurate translations of the Russian documents provided to me.

Elizabeth Adams 5/21/26

Translator's signature and date



Verify at www.atanet.org/verify